

ScotPHN Team Bulletin – 010

Welcome to the tenth 'ScotPHN team' bulletin. Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

National Leadership Group, Special Interest Group & Project - updates & resources

Scottish COVID-19 Contact Tracing Programme

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#) or to receive weekly, Monday updates, contact PHS.COVID-19ContactTracingProgramme@phs.scot

Public Health Scotland Dashboard

Public Health Scotland now have daily updates on coronavirus figures and cases, available on their [dashboard](#).

Public Health Scotland - Communities

Public Health Scotland (via CHEX) are asking communities how they have responded to the COVID-19 pandemic in two specific ways;

- 'how communities have adapted to the challenge of how we get around - has the way you travel changed as a result of Covid-19? Perhaps by walking, wheeling and cycling more, or as a result of changes to public and community transport services. What impact has this had?'
 - 'We are looking for examples of how communities and organisations have used their local areas differently by adapting streets and spaces, for example for children's outdoor play or for leisure and relaxation, or how they have used or changed existing spaces for example parks, areas with trees or grass.'
- [Find out more and respond here.](#)

Poverty in Scotland 2020

'Work, social security and housing costs are vital to solving poverty in Scotland, as the coronavirus storm is sweeping many people into poverty and others deeper into poverty.'

Joseph Rowntree Foundation (JRF) have published a new briefing 'Poverty in Scotland 2020'.

[Read the full briefing now.](#)

Fair Rents (Scotland) Bill consultation

The Local Government and Communities Committee is calling for views on the Fair Rents (Scotland) Bill. The Committee welcomes responses from all those with an interest in the Bill.

[Access the consultation](#) from the Scottish Parliament website.

Use of green and open space – influenced by CoVID-19

[MRC/CSO Social and Public Health Sciences Unit](#) on behalf of the Social and System Recovery Environment and Spaces group have published a report on how COVID-19 has influenced use of green and open space. The main report findings are:

- Use of green and open space was polarised during lockdown. Some people did increase their frequency of use and time spent outside, but many made fewer or no visits.
- The most marked reduction in time spent in green and open spaces was amongst older people.
- Overwhelmingly, users reported that green and open space benefited their mental health during lockdown.
- Socio-economic inequalities in use of green and open spaces existed before lockdown. Lockdown did not reduce these and may have made them worse.

The report recommendations for Scottish Government, Local Authorities and the third sector include:

- Recognise that not everyone used outdoor space more as result of lockdown. There were marked falls in use amongst some groups, most notably older people. These will lead to widening health inequalities if positive action to address them is not taken
- Act to redress the marked reduction in use by older people during lockdown. This could be through a combination of outreach, walking groups and community action.
- Act to redress the underlying socio-economic inequality in access to, and use of, public and private open space.
- Recognise that those who do use open spaces feel the benefit on their mental health. These spaces are an essential resource for community wellbeing, and they must be protected and prioritised in any future fiscal squeeze.

Read the full report now: <http://bit.ly/greenspacesreport>

Community and Third Sector Recovery Programme

Scottish Government have made £25million available for a funded programme aiming to support charities, community groups, social enterprises and voluntary

organisations that are supporting people and communities through the shift from lockdown to recovery. The programme consists of two strands; 'Adapt and Thrive' and 'Community Recovery Fund'.

- For more information or to apply [see the SVCO website](#).

[SURF: Scotland's Regeneration Forum](#)

SURF have been focusing on [Building Community Resilience](#) and have just published a second report on COVID learning, with themes covering mutual support, relaxation of rules and online Scotland. Their first report [Lessons from the Frontline](#) highlighted the key expertise in successful community regeneration and resilience often comes from within the communities themselves.

- Read more information on the [recent work of SURF](#).

Public Mental Health: What's next for mental health recovery in Scotland?

The [Scottish Recovery Network](#) are working towards a refreshed vision and strategy for mental health recovery in Scotland. They want as many people as possible from across the country to have their say.

- [Complete and share the short survey](#).

[Recovery and renewal on the Clyde](#)

The Clyde Mission Fund is [open to applications for capital funding projects](#). The fund worth £10 million intends to create green jobs whilst benefitting the communities along the River Clyde.

[Glasgow City Food Plan Consultation](#)

Between beginning of October and end of December 2020 citizens, communities, businesses and organisations in Glasgow are invited to submit their views on the proposed Glasgow City Food Plan (GCFP), using their knowledge, experience and expertise about what works and what more is needed to improve our food system. The [online consultation is now open](#) hosted on the Glasgow City Council consultation page to enable a wide range of views to be shared.

[Read the draft plan and take part in the consultation](#)

ScotPHN Networks

Scottish Health Inequalities Impact Assessment Network (SHIAN)

SHIAN Chair Margaret Douglas, along with Irene Beautyman and the Improvement Service has published a new report '[Comparing the 20 Minute Neighbourhood and Traditional Scenarios in Edinburgh Local Development Plan: a Rapid Scoping Assessment](#)'.

The Covid19 pandemic has highlighted the importance of local places for people's health and wellbeing. Spatial planning policy shapes local neighbourhoods, with significant impacts on the health and wellbeing of both current and future residents.

Read the full report;

https://www.improvementservice.org.uk/_data/assets/pdf_file/0021/19740/20-minute-neighbourhood-rapid-scoping-assessment.pdf

Scottish Managed Network for Sustainability and Health (SMaSH)

Clean Air Day 2020

Following Clean Air Day, 8th October 2020, please see this this [Net Zero report](#) published by NHS England - foreword by Simon Stevens.

The report sets out the considerable advances that the NHS has already made in improving our carbon footprint and reducing the environmental impact of our services. But as the largest employer in Britain, responsible for around 4% of the nation's carbon emissions, if this country is to succeed in its overarching climate goals the NHS has to be a major part of the solution.

Scotland's Climate Assembly Dialogue

Scotland's Climate Assembly want to hear your thoughts on what you think the Assembly should discuss and who should speak at the next Assembly, as well as your ideas on how Scotland can reach net-zero.

From 9th to 26th October, everyone has the opportunity to shape the assembly's deliberations. Ideas will be taken into consideration in the development of the agenda for assembly weekends and as part of the assembly members' deliberations which will be reported to Scottish Government in 2021.

- [Find out more and contribute to Scotland's Climate Assembly Dialogue.](#)

Tackling single-use plastic

The Scottish Government want your views on our plans to ban some common single-use plastic items, such as straws, stirrers and cutlery.

- Have your say: <https://bit.ly/36Y5dCs>

Virtual Events and Campaigns

CHEX virtual Challenge Poverty Week 2020 virtual event

How has Covid-19 affected poverty in Scotland and what opportunities are there to tackle it? And where does community development fit in?

- Access reflections from the CHEX CPW 2020 event: [Investing in communities](#)

Scotland Loves Local

Scotland Loves Local campaign is a national initiative designed to encourage everyone in Scotland to think local first and to support their local town centres and high streets safely, **in line with public health guidelines**.

[Find out more about the Scotland Loves Local campaign](#)

[QI Connect](#)

The QI Connect web-ex session for October will be given by Prof. Andrew Gumley, University of Glasgow on the subject 'Navigating the mental health impacts of COVID-19 on staff wellbeing and population mental health'.

Date: Thursday 29th October

Time: 3 – 4pm

- Book your place [here](#).

Cycling Scotland online conference

Cycling Scotland's online event's theme for 2020 is 'Creating a safer cycling environment and a greener future.'

Date: 5 November

Time: 10:15 – 12:30

- [Book to join the webinar now](#)

[Living Wage Week 2020](#)

From the 9th – 15th November the Living Wage Foundation will be promoting ‘Living Wage Week’. Check out their Twitter feed [@LivingWageScot](#) and [the website](#) for updates and details on how join in.

Scottish Co-production Network

#CoProWeekScot

Co-production Week Scotland 2020 is taking place this November. It's a chance to learn and share about how co-production is helping to shape our work. This year the week is about going back to basics with co-production – what does it look like, what does it need to be a success and what can it achieve?

With the covid-19 pandemic taking a toll on how public services and community-led health organisations run, it seems now is the time to explore about using co-productive approaches to fundamentally re-think how we do things – hopefully for the better

Date: 16 – 20 November

[Read more here.](#)'

Healthcare Improvement Scotland - Events

HIS are holding a series of free webinars during October and November.

- Involving people in change during COVID-19;
- What's the image on your Jigsaw Lid?
- Citizens' Juries; and
- Young people co-designing Technology Enabled Care

➤ For further information and to book a place follow [this link](#).

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- [ScotPHN website](#)

Stay Safe

Public Health Scotland- ScotPHN Team