

## **ScotPHN Team Bulletin – 008**

Welcome to the eighth 'ScotPHN team' bulletin. Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

## **National Leadership Group, Special Interest Group & Project - updates & resources**

### **Scottish COVID-19 Contact Tracing Programme**

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#) or to receive weekly, Monday updates, contact [PHS.COVID-19ContactTracingProgramme@nhs.net](mailto:PHS.COVID-19ContactTracingProgramme@nhs.net)

### **Scottish Mortality: How the Pandemic has Exacerbated Inequalities**

Dr Gerry McCartney who leads the Public Health Mortality Monitoring Special Interest Group (SIG) explains *“Before the pandemic, health inequalities persisted. Understanding the impact of the pandemic on these is a crucial part of our efforts to respond to and recover from it. As we continue to provide guidance on, and evidence for, actions to stop the spread of the virus we will also monitor the wider impact it has in our communities. Importantly, we will work to make the most of this chance to build resilience into our services and communities, as we build back a better Scotland where all of us can thrive.”*

See the full [report here](#).

## **COVID-19 Lockdown research on the Health and wellbeing of families and children – Public Health Scotland (PHS)**

Scotland's lead national agency for protecting and improving health (PHS) is continuing to support the management of the coronavirus (Covid-19) pandemic. As part of this, PHS developed a survey for the parents and carers of Scottish children aged 2-7 years old. The aim of this was to help us to sufficiently understand the health and wellbeing impact of Covid-19 on younger Scottish children; in particular those with a lack of, or reduced contact, with services. This knowledge will help

inform planning around children's services, such as Early Learning and Childcare or health visitor visits.

Read more here: <http://www.healthscotland.scot/population-groups/children/children-and-covid-19>

### **A stronger Scottish lifeline in the economic storm – JRF Briefing Report**

On Tuesday 01 September, the Scottish Government announced their new Programme for Government, which included the Youth Guarantee, a new Tenant Hardship Loan Fund and digital inclusion for low-income families. Families need more money in their pockets if they're to avoid being pulled into poverty. Our Scotland team set out what is needed to prevent and reduce poverty as the economic storm clouds gather this autumn.

[Read the report.](#)

### **Scottish Government - UN Convention on the Rights of the Child**

On 1 September 2020 the United Nations Convention on the Rights of the Child (Incorporation) (Scotland) Bill was introduced to the Scottish Parliament.

The Bill:

- directly incorporates the UNCRC as far as possible within the powers of the Scottish Parliament
- makes it unlawful for public authorities to act incompatibly with the incorporated UNCRC requirements
- gives power to the Children's Commissioner to take legal action in relation to children's rights
- requires Ministers to produce a Children's Rights Scheme setting out how they comply with children's rights and to report annually
- requires listed public authorities to report every three years on how they comply with children's rights

The Bill also allows for incorporation of the articles of the UNCRC currently beyond the powers of the Scottish Parliament, should these powers change in the future.

For full details see [here](#).

## **Provisional COVID 19 Guidance for non-regulated work with children and young people - Scottish Government**

This guidance is for unregulated activities and services provided indoors for children and young people, including babies and toddlers that are voluntary, third sector, parent or peer led or unregulated providers delivering a service or activity directly to children under 18.

This guidance is to assist those delivering supervised activities and services for children and young people, babies and toddlers, including those where parents remain present during the activity, and where that service or activity is unregulated, to resume indoor face-to-face activities, where it is appropriate to do so.

Read the provisional guidance [here](#).

### **Professor Jason Leitch – Letter to parents and carers**

In light of the recent return to nurseries and schools, Professor Leitch has written to the parents and carers of Scottish children and young people to re-iterate the three main symptoms of COVID-19 and when to take action.

See the full [letter here](#).

### **Supporting Communities Safely**

The Scottish Community Development Centre (SCDC) and Public Health Scotland are continuing to update their Supporting Communities Safely resources webpage to reflect the latest Scottish Government guidance.

[The resource is available on the SCDC website.](#)

### **CHEX – Community Responses to COVID-19**

Public Health Scotland would like to hear how communities have responded to the pandemic.

Firstly, how communities have adapted to the challenge of how we get around - has the way you travel changed as a result of Covid-19? Perhaps by walking, wheeling and cycling more, or as a result of changes to public and community transport services. What impact has this had?

Secondly, we are looking for examples of how communities and organisations have used their local areas differently by adapting streets and spaces, for example for

children's outdoor play or for leisure and relaxation, or how they have used or changed existing spaces for example parks, areas with trees or grass.

Please share any examples [here](#).

### **NHS support for community food work during the pandemic**

The Scottish Public Health Nutrition Group (SPHNG) has produced a short snapshot of how they worked with communities during the lockdown and how they put their own activities (such as community cooking) online. The snapshot also considers the challenges ahead.

Read the SPHNG snapshot on the [Community Food and Health website](#).

### **Digital Inclusion Programme – Scottish Government/Youth Link funding**

A Scottish Government capital fund, delivered by YouthLink Scotland aims to reduce digital poverty. The aim is to provide community-based young adult learners with the resources they need to engage in online learning by providing iPads, Chromebooks and adaptive/assistive technology to community-based young adult learners who are:

- sixteen to 30 years of age (If the community-based learner experiences multiple barriers to participation some discretion may be applied to the age range.)
- digitally excluded – do not have an appropriate device and/or are not connected to the internet at home
- on low incomes so cannot afford to buy a device or pay for internet access
- not in full-time education, employment or training
- at risk of isolation or further exclusion due to coronavirus
- linked with an organisation for support to learn.

Click [here](#) for more details including how to apply.

### **[NPF4 call for ideas: analysis of responses](#)**

'The National Planning Framework (NPF) is a long-term plan for Scotland that sets out where development and infrastructure is needed to support sustainable and

inclusive growth. The current framework - [NPF3](#) - was published in 2014 and the Scottish Government has now begun a process of review and preparation of a new framework - NPF4.'

The analysis details the responses Scottish Government received covering topics such as;

- What development will we need to address climate change?
- How can planning best support our quality of life, health and wellbeing in the future?
- What does planning need to do to enable development and investment in our economy so that it benefits everyone?
- What policies are needed to improve, protect and strengthen the special character of our places?
- What infrastructure do we need to build to realise our long-term aspirations?

### [International Overdose Awareness Day](#)

To mark International Overdose Awareness Day earlier this week, the Scottish Drug Deaths Taskforce uploaded a video featuring contributions from Joe Fitzpatrick, Minister for Public Health, Sport and Wellbeing, Taskforce members Becky Wood of Addictions Support & Counselling – Forth Valley, and Colin Hutcheon, Chair of Scottish Families Affected by Alcohol and Drugs.

See the video [here](#).

### **UK PHR Public Health Heroes**

The COVID-19 pandemic has highlighted the vital work of those at the front line of public health practice. But public health practitioners don't just operate in a crisis - every day, they protect and promote the health and wellbeing of individuals, communities and populations across the UK.

UKPHR believe it has never been more important for employers to celebrate and recognise the skills, dedication and achievements of their own practitioner workforce.

They're inviting employers to nominate their 'Public Health Heroes' - the practitioners who have not only stepped up during the current crisis, but whose ongoing contributions to public health have helped make the UK a safer, healthier, better place to live.

There's no deadline and employers can nominate as many practitioners as they like via our dedicated nomination form.

Find out more here: <https://bit.ly/PHheroes>.

Any questions, contact us at [register@ukphr.org](mailto:register@ukphr.org)

## **Events and Virtual Sessions**

### **Scottish Public Health Alcohol Group (National SIG) – National Learning Event**

The Scottish Public Health Alcohol Group (SPHAG) are hosting a virtual learning event on 8<sup>th</sup> September from 10am to 11.20am. The theme of the learning event is ***“Reducing the use of, and harm from, alcohol on children and young people”***.

To attend the TEAMS based session, email Denise @ [phs.sig@nhs.net](mailto:phs.sig@nhs.net) by COB Monday 07 September 2020.

### **Joseph Rowntree Foundation – furlough and unemployment webinar**

The Joseph Rowntree Foundation is hosting a webinar to discuss unemployment and the specific risks associated with the UK Governments furlough scheme coming to an end.

Date: Tuesday 8 September

Register [here](#).

## **Climate Week Scotland**

‘Climate Week kicks off 14-20 September this year but things might look a little different! This year, the Scottish Government has partnered with **Home Energy Scotland** and **Zero Waste Scotland** among others to deliver a programme of events that are designed to benefit both businesses and the consumer. There will also be a series of ministerial announcements throughout the week, starting from Monday which will be linked to how public sector organisations can deliver their plans to reach net-zero by 2045.’

Follow the links above for more information on the events for Climate Week and the new Scottish Government public facing website to assist the transition to net-zero.

## **Sustainable Scotland Network - Strategy Launch**

The Sustainable Scotland Network is launching their new strategy which ‘sets the aims and themes for supporting member action under three key programmes:

- Collaborating to help create Net Zero Places
- Influencing towards Net Zero Indirect Emissions

- Networking to achieve Net Zero Public Sector Organisations.'

Strategy Launch Date: 16 September 2020

QI Connect – Michael West, Senior Visiting Fellow, The Kings Fund  
'*The Courage of Compassion for High Quality Health and Care*' - What have we learned from the pandemic that can help us change health and care for our communities and staff?

**Date: Thursday 17th September 2020,**

**Time: 15:00 -16:00**

**Register Now:** <https://www.eventbrite.co.uk/e/qi-connect-with-michael-west-registration-116750543017>

### **Supporting parents through systemic change and service design – Home Start Scotland**

“Connected from the Start” is a design collaboration between early year’s charities. It aims to develop a product or service which will help volunteers, community connectors and social entrepreneurs to help parents with children in the early years. Home-Start and Shift and Dartington Service Design Lab are involved in the partnership. Home-Start CEO Peter Grigg will share the learning journey and processes of the collaboration and invite participants to explore partnership working across the family sector; what we can do for new parents during COVID-19; and how we can achieve this through service design and system mapping. It is open anyone who has a role in supporting parents through systemic change and service design.

**Date:** Monday 21 September 2020

**Time:** 2pm-3:30pm

Register to attend the workshop [here](#).

### **Living Wage Week 2020**

Save the date for Living wage week 2020.

Date: 9th-15th November

Keep an eye on [@LivingWageScot](#) and [check their website](#) for updates.

### **ScotPHN Contact:**

- Misc ScotPHN correspondence and general enquiries: [p hs.scotphn@nhs.net](mailto:p hs.scotphn@nhs.net)
- Scottish Health Promotion Manager Inbox: [p hs.shpm@nhs.net](mailto:p hs.shpm@nhs.net)
- Scottish Directors of Public Health Inbox: [p hs.sdph@nhs.net](mailto:p hs.sdph@nhs.net)
- National Special Interest Groups Inbox: [p hs.sig@nhs.net](mailto:p hs.sig@nhs.net)
- [ScotPHN website](#)

**Stay Safe**

**Public Health Scotland- ScotPHN Team**